



Pledge Form

I am taking ADRA's Ration Meal Challenge. To raise money to help end hunger, I am eating the same ration bars that are given to refugees, for one whole day. Please support me by making a donation.

Name of Participant _____

Name	Address	Postal Code	Phone Number	Donation
John Smith	123 Canada Way, Anytown, AnyProv.	L1C 5T9	905-555-5555	\$20.00

ADRA Canada will issue receipts for donations of \$10 or more. Complete and legible donor information is required. Please have your supporters supply their full mailing address.

Participants, please send your sponsorship forms with all funds raised to: ADRA Canada, 20 Robert St W., Newcastle, ON L1B 1C6
ADRA Canada is a registered charity # 13205 6813 RR0001